

The Blue Heron Restaurant

Appetizers

CRISPY ARTICHOKE HEARTS 8 <i>lemon garlic butter, parmesan cheese</i>	CLASSIC BRUSCHETTA 6 <i>fresh tomato, basil, toasted crostini</i>
SAUTÉED MUSHROOMS 7 <i>butter garlic, parsley, shallots & sherry</i>	FRIED CALAMARI 9 <i>rice flour dusted, lightly fried, cocktail sauce, lemon aioli</i>
BUFFALO HOT WINGS 9 <i>blue cheese dressing & celery sticks</i>	CRAB CAKES 10 <i>pan seared with citrus aioli & field greens.</i>
CHEESY MOJO POTATOES 7 <i>cheddar cheese, sour cream & green onion</i>	BAKED BRIE 9 <i>toasted almonds, apricot jam & crostini</i>
Shrimp Cocktail 10 <i>poached shrimp in a zesty cocktail sauce with lemon</i>	

Specialty Salads

Dressings: Ranch, 1000 Island, Blue Cheese, Balsamic Vinaigrette, Poppyseed, Raspberry Vinaigrette

CAESAR SALAD 7 <i>crisp romaine, garlic croûtons, fresh parmesan cheese, caesar dressing, white anchovies</i> Add Grilled or Cajun chicken - 3	THE WEDGE 9 <i>massive wedge of iceberg lettuce topped with homemade roquefort dressing, tomato, cucumber, olives, bacon, hard boiled egg</i>
CHINESE CHICKEN SALAD 11 <i>Tender Breast Meat, Iceberg Lettuce, Carrots, Cilantro, Sweet Red Peppers, Scallions, Crisp Noodles, Asian Dressing</i>	THAI BEEF SALAD 14 <i>grilled sirloin, romaine, carrots, cucumber, red onion, fresh mint, tomato, sweet thai chili dressing</i>
PEPPER JAM SALMON SALAD 14 <i>grilled pacific salmon is layered over mixed greens, surrounded by fresh garden vegetables</i>	BERRY BERRY GRILLED CHICKEN 12 <i>mixed greens, strawberries, blueberries, pineapple, candied pecans, feta, raspberry vinaigrette</i>

Entrées

All served with Mountain Mashers, Rice Pilaf, or Baked Potato Seasonal Fresh Vegetables and Warm Bread

BLUE HERON CHICKEN 15 <i>sautéed chicken breast with artichoke hearts, rosemary, bacon & mushrooms in a sherry cream sauce</i>	SHRIMP SCAMPI 17 <i>black tiger shrimp sautéed in lemon garlic butter, capers, finished with fresh parmesan cheese</i>
RIB EYE STEAK 24 <i>choice midwestern beef is charbroiled, topped with sautéed portabella mushroom</i>	CHIMICHURRI STEAK 17 <i>grilled choice flat iron served with house made chimichurri</i>
STEAK AND SCAMPI 25 <i>Choice flat iron steak charbroiled, topped with our house shrimp scampi</i>	PRIME RIB OF BEEF <i>slow roasted prime rib of beef served au jus, creamed horseradish</i> Regular Cut - 22 Blackhawk Cut - 25
FRESH SALMON 16 <i>Charbroiled Salmon served with Fresh Mango Salsa</i>	

Pizzetta

Our individual pizzas are made with the freshest of ingredients and finest of imported cheeses. We start with our grilled pizza dough and fire these masterpieces in our ovens to order.

THE PURIST'S PIZZA 9 <i>cheeses, marinara, fresh basil and tomatoes</i>	PEPPERONI PIZZA 10 <i>marinara sauce, pepperoni, cheeses</i>
BBQ CHICKEN PIZZA 11 <i>grilled breast of chicken, bbq sauce, red onion, cilantro, cheese</i>	HOT HAWAIIAN PIZZA 11 <i>ham, pineapple, jalapeños, garlic cream sauce & cheeses, finished with bbq sauce</i>
SPICY MOUNTAIN SAUSAGE 11 <i>medium hot italian sausage, olives, onions, mushrooms, tomato, cheese</i>	COMBINATION PIZZA 12 <i>italian sausage, pepperoni, olives, onions, mushrooms, tomato, cheese</i>
ARTICHOKE & CAPERS 11 <i>fresh herbs, artichoke hearts, spicy capers, olive oil brushed crust, tomatoes, cheese</i>	BLUE BUFFALO CHICKEN 11 <i>Buffalo Sauce, Cheese, Grilled Chicken, Celery, Red Onion, Blue Cheese Crumbles</i>
SHRIMP SCAMPI PIZZA 12 <i>garlic marinated shrimp, scallions, capers, parsley, cheeses</i>	Add a dinner salad with your pizza - 3

4 dollar charge for split plates

Fish Specialties

FISH AND CHIPS 11 <i>beer battered, served with tarter sauce & lemon with mojo fries</i>	SOLE ALMANDINE 13 <i>pan fried with toasted almonds, lemon butter - choice of sides</i>
CALIFORNIA FISH TACOS <i>two soft corn tortillas, grilled spicy alaskan cod, spring mix, cabbage, tomatoes, carrots, radish, cilantro, avocado dressing, mango salsa</i> One taco 5.50 Two tacos 11	PAN SEARED CALAMARI 16 <i>tender steak of the giant calamari seared with pistachio-crust and topped with lemon butter - choice of sides</i>

Pastas

SHRIMP MARJORIE 16 <i>pasta tossed in garlic cream, fresh tomatoes, scallions, parmesan cheese, topped by our shrimp scampi</i>	POMODORO CAPELLINI 12 <i>angel hair pasta, fresh tomato, parmesan, basil, olive oil, lemon</i>
CHICKEN PARMESAN 13 <i>seared chicken breast, marinara, basil, mozzarella & parmesan over pasta</i>	FETTUCCINI CABONARA 13 <i>pasta tossed in a garlic cream, crispy, pancetta parmesan cheese, green peas</i>

House Favorites

All served with Mountain Mashers, Rice Pilaf, or Baked Potato Seasonal Fresh Vegetables and Warm Bread

GRILLED PORK CHOP 15 <i>brown sugar and rosemary brined with onion-peach marmalade</i>	CHICKEN POT PIE 12 <i>tender breast meat with vegetables topped with a flaky golden crust</i>
CHICKEN FRIED STEAK 13 <i>breaded and fried-served with our country gravy</i>	LIVER & ONIONS 11 <i>grilled and topped with lots of onions and bacon</i>

Sandwich Board

Served with french fries or onion rings

HAMBURGER 9 <i>an old fashioned favorite with lettuce, tomato, onion, pickle & special sauce</i> Add cheese - .50 Add bacon - 1	PHILLY CHEESE STEAK 10 <i>sliced roast beef, grilled onions and bell pepper, melted jack cheese on a french roll</i>
GRILLED CHICKEN CLUB 9 <i>served on a grilled bun with bacon, jack cheese, lettuce, tomato & citrus aioli sauce</i>	CAPTAINS CHOICE 9 <i>beer battered cod, lettuce, tomato, french roll, tarter sauce</i>
FRENCH DIP 9 <i>thinly sliced roast beef served on a french roll</i>	BLACK BEAN BURGER 9 <i>grilled black bean patty, lettuce, tomato, pickle, onion, and garlic aioli on a grilled bun</i>

Kids Menu

12 years and under - Served with ice cream - All items 6 dollars

FISH 'N CHIPS	FETTUCCINI <i>(Marinara, Alfredo or Butter)</i>
MINI CORN DOGS <i>served with choice of fries or carrot sticks</i>	CHEESE PIZZA
CHICKEN STRIPS <i>served with choice of fries or carrot sticks</i>	MAC 'N CHEESE

Side Orders

All items 3 unless otherwise listed

MOUNTAIN MASHERS
RICE PILAF
BAKED POTATO
FRENCH FRIES
ONION RINGS - 4
FRESH VEGETABLES
PASTA ALFREDO
DINNER SALAD
SOUP
CUP BOWL - 5

Beverages

All drinks 2.50

COFFEE, HOT TEA, ICED TEA
MILK, LEMONADE
SODAS
PEPSI, DIET PEPSI, SIERRA MIST
WATERS
EVIAN SPRING WATER
PERRIER SPARKLING WATER
ITALIAN SODAS
WATERMELON, TANGERINE, MANGO, STRAWBERRY, RASPBERRY, CHERRY